

PLEASE, PLEASE

Count: 32 Wall: 0 Level:

Choreographer: Michelle Chandonnet & Marc Archambault

Music: Please, Please by Jason McCoy



Position:

Side-by-Side

SHUFFLE FORWARD, SHUFFLE FORWARD, HEEL GRIND/STEP, HEEL GRIND/STEP

- 1&2 Shuffle forward right-left-right
- 3&4 Shuffle forward left-right-left
- 5 Step right heel forward turning right toes in
- 6 Turn right toes out stepping left beside right
- 7 Step right heel forward turning right toes in
- 8 Turn right toes out stepping left beside right

MAN: ROCK STEP, COASTER STEP, SHUFFLE, SHUFFLE

LADY: ROCK STEP, COASTER STEP, SHUFFLE ½ TURN, SHUFFLE ½ TURN

- 1-2 Rock right forward, rock back on left
- 3&4 Step right back, step left beside right, step right forward

Release left hand and raise right arm over lady's head

- 5&6 **MAN:** Shuffle forward left-right-left
LADY: Shuffle forward left-right-left ½ turn right (RLOD)
- 7&8 **MAN:** Shuffle forward right-left-right
LADY: Shuffle forward right-left-right ½ turn right (LOD)

Side-by-side position

STEP, BEHIND, STEP, BEHIND, SIDE SHUFFLE, ROCK STEP

- 1-2 Step left to left, step right behind left
- 3-4 Step left to left, step right behind left
- 5&6 Shuffle left-right-left to left
- 7-8 Rock right across in front of left, rock back on left

STEP, BEHIND, STEP, BEHIND, SIDE SHUFFLE, COASTER STEP

- 1-2 Step right to right, step left behind right
- 3-4 Step right to right, step left behind right
- 5&6 Shuffle right-left-right to right
- 7&8 Step left back, step right beside left, step left forward

REPEAT